



Reply to

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## Minutes of the Derbyshire CDW Network Meeting held on Tuesday 24<sup>th</sup> March 2009 at Derby CVS

### Attendance

Chair	Angela Kerry	SDVSMHF
Minutes	Cheryl Mason	SDVSMHF
	Emmanuel Williams	SDVSMHF
	Samantha Glasgow	Derbyshire Voice
	Roger Simpson	Derby Millennium Network
	Suzanna Chan	Derbyshire Chinese Welfare Association
	Akin Sankofa	Derby Racial Equality Council (from 12.15pm)
	Muzelley McCready	Derbyshire Gypsy Liaison Group
Guest	Jill Henderson	Derbyshire Mind Advocacy Service

### 1. Introductions and Apologies

Angela welcomed everyone to the meeting and introduced Samantha Glasgow, the new CDW based at Derbyshire Voice.

#### 1.1 Apologies

Nadia Hussain Derby Millennium Network

### 2. Minutes of the meeting dated 24<sup>th</sup> February 2009; matters arising

#### 2.1 Inaccuracies

Suzanna pointed out that point 4.2 should have stated that the Older People's LEG meeting held on the 9<sup>th</sup> February 2009 was attended by Suzanna **and Muzelley**. She also pointed out that the feedback from this meeting should have been recorded as 'a rushed **finalisation** of the draft business plan.

Roger explained that, at the time of the previous meeting, the Community Care LEG meeting had not yet taken place and was scheduled for 26/3/09.

**Action: Cheryl to amend the previous minutes**

The rest of the minutes were agreed as a true record.

**2.2** Emmanuel has now updated the CDW calendar and distributed copies to all CDWs (point 3.1). It was agreed that the calendar does not need to include past dates.

Muzelley asked about the 'Vetting and Barring Scheme' which is scheduled on the CDW calendar for the 27<sup>th</sup> March 2009. Roger explained that this is a training course to explain the new CRB regulations and some CDWS may be interested in attending.

Muzelley pointed out that she will not be attending the Gypsy and Traveller Conference due to the inflated price.

**Action: Emmanuel to add the Nottinghamshire CDW Launch which is scheduled for the 20<sup>th</sup> April 2009 at Trent Vineyards (10am to 3pm) to the CDW calendar. Angela will forward information about this event to the CDWs when it is available.**

**Action: CDWs should contact Emmanuel with details of future events which need to be included on the CDW calendar.**

2.3 It is proving a challenge to obtain a full set of UCLAN reports from all the different areas (point 3.1).

**Any CDWs that have access to UCLAN reports should send them to Cheryl. Muzelley to obtain the Somalia Report and send to Cheryl.**

2.4 CDWs need to decide on a theme for the Derbyshire Regional Meeting in September (Point 7.3). They also need to consider possible venues and consider the catering arrangements.

**Action: Angela to put this item on the agenda for the next meeting. CDWs to forward details of possible community venues that offer catering to Cheryl.**

2.4 Angela explained that it is important that CDWs (and CDW Managers) do the Equality and Diversity e-learning and feedback to Angela as it is currently under review by the Trust and CDWs have an opportunity to influence it (point 3.3). Thanks to Nadia and Roger for sending their feedback to Angela already.

**Actions: CDWs to work alongside their Managers and feedback to Angela by the 3<sup>rd</sup> April 2009.**

2.5 Angela explained that the Service User Involvement Strategy is owned by the Primary Care Trust and will become available for consultation with the sector shortly (point 3.5).

**Action: Angela to ensure all CDWs receive a copy.**

2.6 Cheryl is continually updating the DRE section of the website (point 3.8).

**Action: Cheryl to put the 'Strategic Intentions' document onto the SDVSMHF website asap. CDWs to check their website profiles and send any updates to Cheryl.**

2.7 It was agreed that it is not always appropriate to place the Meetings Reports onto the SDVSMHF website (point 4). CDWs are to continue sending their reports to Angela for circulation, however they will no longer be added to the website.

2.8 Angela is waiting for a response from Steve Edgeley regarding the Emergency Care LEG group.

2.9 Muzelley and Suzanna attended the introduction to WRAP on the 17<sup>th</sup> March and reported that they found it very interesting (point 6). The CDWs expressed an interest in doing the WRAP training and Angela explained that, in order for CDWs to deliver WRAP to communities, they would need to source funding and a trained service user or member of the community to deliver it alongside.

**Action: Angela to find out if Mpume is qualified to train trainers and to put this item on the next meeting agenda.**

2.10 Angela explained that commissioners have contacted her to find out the reasons given by CDWs as to why they were unavailable to sit on the IAPT interview panel (point 6). The CDWs gave the following reasons:

- There was too short notice given
- Lack of involvement with IAPT – CDWs felt that the invite was tokenistic
- Lack of understanding of the process
- Feelings of incompetency to take part in the interview process/ training issues

- Genuine reason for being unavailable – other commitments (DMN)

It was agreed that a training session on representation would be useful for the CDWs. Angela emphasised that it is important that CDWs make themselves available to Commissioners in future to help implement race equality.

**Action: Angela to feedback to commissioners and to liaise with Derbyshire Voice about fulfilling the training need.**

**2.11** The Derbyshire DRE Conference has a provisional date of the 18<sup>th</sup> November 2009 and a conference-planning sub group needs to be set up (point 7.3). Catherine has already agreed to join the group along with Samantha, and Roger and Suzanna agreed to join also. Emmanuel will help to coordinate the initial meetings. It would be useful to have another CDW manager in the group.

**Action: Angela to contact CDW Managers to find out who is available. Cheryl to organise the date of the initial meeting.**

### **3. Feedback from meetings**

#### **3.1 LEG Meetings**

**3.1.1** Suzanna, Muzelley and Nadia attended the Older People's LEG meeting on the 9<sup>th</sup> March. Suzanna reported that the National Dementia Strategy was discussed and Jane Elliott had announced that services for people with dementia will be up for tender. They also discussed the Trust's Spirituality Strategy for which training is available in May. Jane will formally invite CDWs to future events to increase input into the strategy.

**Action: 'Involving CDWs in the development of new strategies' to be made an agenda point for the meeting with Steve Edgeley**

Suzanna also reported on the new chaplaincy service and garden that is planned, and the baseline assessment (questionnaire). Overall, it was felt that Jane Elliott had been keen to engage with the CDWs but there were issues with low attendance at these meetings.

**3.1.2** Roger attended the Community Care LEG meeting on the 26<sup>th</sup> March. He reported that the group are in the process of developing an action plan and reviewing their Terms of Reference. The group are pressing for BME statistics to compare with the county and, although Gypsies and Travellers were mentioned, the group seemed confused about who and where they are. Overall, Roger reported that he felt that the meeting was disorganised and lacked direction.

**Action: Angela to include 'LEG Meetings' as an agenda point at the meeting with Steve Edgeley as clarification is needed about whether the LEGs will continue in their current format, and how the CDWs can best influence the LEG groups.**

**3.1.3** Roger also attended the Patient and Carer Group Meeting. He reported on various matters:

- The Hartington Unit has been updated to accommodate single sex patients and more grade 5 nurses are being recruited.
- Carers are to receive training in managing crisis/ dealing with breakdown.
- The Trust is planning to provide dual diagnosis training to more staff. It was highlighted that a high percentage of BME (black) men are falling into this category.
- A survey of patients had highlighted low participation from people from BME communities. Angela suggested that this issue be discussed with Graham Saxton during the meeting on the 28<sup>th</sup> April to find out how to overcome this.

**Action: Roger to send a copy of his report to Cheryl for distribution to the CDWs.**

**3.1.4** Suzanna and Nadia attended the Action on Stigma meeting on the 3<sup>rd</sup> March. Suzanna reported that the Terms of Reference were reviewed, and following input from the CDWs, the group agreed to change the wording to 'ALL communities'. There was,

however, a reluctance to engage with BME communities and the group referred to doing so as being the 'work of DMN'.

The group now has a new name – 'Southern Derbyshire Mental Health Awareness Forum' but may continue to use the 'Action on Stigma' logo. The next meeting for this group will be on the 7<sup>th</sup> April at Kingsway. Angela thanked Nadia for her report.

**Action: Suzanna to email the Terms of Reference document to Angela.**

Angela encouraged the CDWs to continue their involvement with this group in order to keep them focussed on the equality agenda. CDWs need to take it in turns to attend these meetings to ensure that they do not all attend the same meeting.

It was agreed that it would be useful if more BME service users could be encouraged to attend LEG meetings alongside the CDWs to provide a range of views from a diversity of ethnic backgrounds. Ongoing problems at meetings will be reported at CDW Managers' meetings.

**Action: CDWs to do a brief written report of meetings and highlight any points that need to be discussed at the CDW Network meetings. This will reduce the time spent on meetings feedback at future CDW Network meetings.**

12.15pm Akin joined the meeting.

#### **4. DRE Action Planning – next steps**

Angela reminded the CDWs that the next Activity Report (previously called Monthly Report) is due on the 9<sup>th</sup> April. This is a two-monthly report so must include reports for February and March. CDWs should use the report template and, once they have been checked by their Managers, should send them to both Angela and Emmanuel. They will then be shared with CDW Managers at meetings.

Angela pointed out that the 'Strategic Intentions' document and the CDWs individual action plans follow these reports and therefore need to be continually reviewed and kept up to date. The CDWs Service Level Agreements (contracts) measure activity against the individual action plans and commissioners will be carefully monitoring this. CDWs need to be delivering if funding is to continue.

#### **5. Learning from national and regional DRE conferences – Discussion**

**Action: Sam to email her report of the National Conference (held in London) to Cheryl for circulation to CDWs and inclusion on the website.**

#### **6. LUNCH**

#### **7. Guest speaker – Jill Henderson – The role of advocacy in supporting service users from BME communities**

Angela welcomed Jill to the meeting and everyone introduced themselves. Jill explained that the advocacy service is for people using or trying to access mental health services. Jill's role includes signposting people to services, supporting people to enable them to access services and explaining the law.

From 1<sup>st</sup> April 2009 there are changes to the Mental Health Act which means that certain categories of people will have a statutory right to access advocacy services. As there is no additional funding provided, this may leave a gap in the service for individuals not entitled to statutory advocacy services.

There followed a discussion about whether the advocacy service is accessible to BME communities and what the barriers might be. Jill explained that, although the advocacy service is for everyone, there is low representation from BME communities. The advocacy service does have access to an interpreting service, however it is not clear

who pays for this. There are also issues around confidentiality/sex/age/culture etc especially within BME communities and therefore some of the services offered may not be suitable for certain groups or individuals. Jill explained that individuals from BME communities may wish to approach the advocacy service with a friend or relative that could offer support and help break down barriers. CDWs may be able to offer support in this way on a first meeting with an advocate. There are, however, issues around translation and interpretation.

Jill handed out a leaflet advertising advocacy service 'out and about'; a scheme whereby she is present at day hospitals, psychiatric wards and other locations. This presents a good opportunity to access communities. Jill explained that she would also be happy to talk to groups of people from BME communities to heighten awareness of the advocacy service. CDWs could then feedback responses to Jill.

**Action: Angela to invite Jill to a future CDW Network meeting in around six month's time in order to provide an update.**

**Action: Jill to send statistics of service users to Cheryl. CDWs to approach Jill if they need further leaflets or flyers.**

Angela thanked Jill for joining the meeting. Jill left the meeting at 2.45pm.

#### **8. Preparing for our meeting with Steve Edgeley from the Derbyshire Mental Health Services Trust**

Angela explained that Steve is our official contact with the Trust and has agreed to meet with the CDWs at Kingsway on Friday 17<sup>th</sup> April. It was agreed that the following items should be included on the agenda:

- Structure of the LEGs/ Structure of the Trust – who to contact for what
- Accessing statistical information in useable formats
- Review of the Equality and Diversity e-learning
- RECC update/ CDW role/ Involvement of service users

**Action: Angela to prepare a list of agenda points and circulate to CDWs. CDWs to send any additional agenda points to Angela by the 17<sup>th</sup> April.**

#### **9. Any other business**

Angela has been approached by Derby Women's Centre (counselling service). They would like a CDW contact. It was agreed that Suzanna and Nadia will be the main contacts for this group.

**Action: Suzanna and Nadia to discuss future meetings with Derby Women's Centre.**

#### **10. Date of next meeting**

The next Derbyshire CDW Network meeting will be held on the 28<sup>th</sup> April 2009 at Revive Healthy Living Centre, Chaddesden from 10am to 3pm.

**Please note the change of venue.**

We will be joined for lunch by CDW managers and Graham Saxton to discuss the case for User Focused Monitoring.

Meeting ended at 15.00.

CM/ March 2009

