



**SDVSMHF**

Registered Charity No: 1099282

Suite 3F  
East Mill  
Bridge Foot  
Belper  
Derbyshire  
DE56 2UA

Telephone: 01773 599995  
Website: [www.sdvsmhf.org.uk](http://www.sdvsmhf.org.uk)  
Email: [angela.kerry@sdvsmhf.org.uk](mailto:angela.kerry@sdvsmhf.org.uk)

## Minutes of the SDVSMHF meeting held on 3rd November 2009 at The Bridge Centre, Langley Mill

### Attendance

Dorothy Lane	Amber Trust	Chair
Wendy Beer	Derbyshire Mind	
Angela Kerry	SDVSMHF	
Ruth Stretton	SDVSMHF	
Nayar Bhatti	Amber Trust	
Jean Eckman	British Red Cross	
Pam Sutton	Cruse Bereavement	
F Taylor	P3	
Liz Price	P3	
David Musk	Derby Depression Club	
Bev Miller	Relate	
Lee Fletcher	MST	
Mark Simmonds	MST	
Amanda Farquhar	Derbyshire Rape Crisis	
Cathy Cleary	First Steps	
Danielle Sinclair	First Steps	
Janet Payne	Derby PTS	
Leigh Gregory	Right Steps	
Amanda Kositzky	Right Steps	
Cheryl Mason	SDVSMHF	

### 1. Introduction to Improving Access to Psychological Therapies

- 1.1 Presentation from Leigh Gregory and Amanda Kositzky, Right Steps (Derbyshire Mental Health Services Trust & Turning Point)  
- Amber Valley & Erewash IAPT providers (*find enclosed*)

Leigh explained that IAPT is a three year programme to be delivered by a consortium from Derbyshire Mental Health Services Trust, Turning Point and the University of Derby – known as Right Steps. The main aim will be to deliver primary care services in tiers 2 and 3 in localities in GP practices or remotely in Amber Valley and Erewash.

Leigh highlighted the benefits of this service as:

- an improvement in access to ‘talking therapies’
- tailor-made services for individuals
- increased staff to the existing service

Leigh and Amanda’s contact details are:

Unity Mill House  
Derwent Street  
Belper  
Derbyshire  
DE56 1WN

**Project Manager – Leigh Gregory**

Tel: 07795566491

Email: [leigh.gregory@derbysmhservices.nhs.uk](mailto:leigh.gregory@derbysmhservices.nhs.uk)

**Service Manager – Amanda Kositzky**

Tel: 01773 882865

Email: [Amanda.kositzky@derbysmhservices.nhs.uk](mailto:Amanda.kositzky@derbysmhservices.nhs.uk)

1.2 Presentation from Janet Payne, Derby Psychological Therapy Services  
- City IAPT Provider (*find enclosed*)

Janet explained that the city IAPT provider is the Derby Psychological Therapy Services and is a registered limited company. Their main aim is to develop a first class Primary Care Psychological Therapies Service for the population of Derby City with a focus on hard to reach groups (e.g. BME, Unemployed, Older Adults).

The programme is similar to that in the county except that the initial point of referral is different and individuals will be assessed at tier 3.

Janet's contact details are:

**Project Manager - Janet Payne**

Derby PTS  
Markeaton House  
3 Slater Avenue  
Derby  
DE1 1GT

Telephone: 01332 265659

1.3 Discussion

There followed a question and answer session and a discussion. The following points were raised:

- It is important for the voluntary sector to link in with the IAPT providers, especially those that provide specialist services e.g. eating disorders
- IAPT providers would welcome free use of a room within voluntary sector organisations. There are issues about how this can be provided without additional funding.
- IAPT providers are currently unable to support volunteer trainees. This is something the voluntary sector has traditionally provided.
- There was debate about whether CBT is the best form of therapy for some people. It is important to embrace outcome measurements to prove its impact, whatever the therapy.

Angela pointed out that IAPT is perceived as an NHS service as it is accessed via GP surgeries and asked how the service will reach the needs of BMEs? Turning Point already has experience of reaching BMEs but not in Derbyshire. Janet explained that, in the city, self-referral for Asian women is being offered and Derby PTS is liaising with the Derbyshire CDWs. Janet also highlighted that they have a base in Normanton which shows a commitment to reaching BME communities.

In the future, IAPT may create work for voluntary sector organisations. It was agreed

that working in partnership via the Forum could prove useful for securing future funding to support this work. All were in favour of a meeting early in 2010 with the IAPT providers and commissioners to discuss IAPT referrals for the voluntary sector.

**Action: Angela to arrange on behalf of members.**

**Action: Angela to distribute both presentations to members.**

## **2. Apologies**

Dorothy welcomed everyone to the meeting and introductions were made. Cheryl read out the apologies:

Kathy Koslowski	Amber Trust
Julie Hennessy	Alzheimer's Society
Lynn Orchard	Erewash Mental Health Association
Lynn Allison	Amber Valley CVS
Dave Waldram	Derby Depression Club
Christine Lawrence	2Care Trevayler
Audrey Essex	British Red Cross
Sharron James	Rethink (The Croft)
Sinead Dalton	Derbyshire Mind
Pete Edwards	Erewash CVS

## **3. Minutes of meeting held on 8<sup>th</sup> September 2009 and matters arising**

The minutes of the previous meeting were checked and accepted as a true record.

## **4. Link Trustees** Ruth Stretton, Training & Development Officer, SDVSMHF

Ruth explained to members that she is setting up a Link Trustees Group. The purpose of this group will be to:

- Provide information to directly support Executive Committees/ boards/ trustees.
- Support governance policy development.
- Support trustee induction, learning and development.
- Ensure that SDVSMHF supports the governing bodies of all its members in the best ways possible.
- Support trustee recruitment.

Ideally, the group will consist of committee members (they do not need to be the Chair) from a range of organisations and will meet four times each year maximum. They will receive information from Ruth and will feed back to both her and their board. If, however, members do not wish to commit themselves to attending meetings, then they can be added to Ruth's mailing list to receive information about governance.

Any members that are interested in being part of the Link Trustees Group or who would like to receive information should contact Ruth directly at [ruth.stretton@sdvsmhf.org.uk](mailto:ruth.stretton@sdvsmhf.org.uk).

## **5. Commissioning Update** Angela Kerry, SDVSMHF

Both City and County Commissioners are reviewing their arrangements for liaising with the voluntary sector. At the next Voluntary Sector Strategy Group meeting, county commissioners will put forward a proposal which may offer a possible way forward and help continue good communication between commissioners and the voluntary sector. Following the meeting, this paper will be circulated to members and will be discussed at the next Forum meeting on the 5<sup>th</sup> January 2010. Members are therefore encouraged to attend.

Currently there is no formal channel of communication between the voluntary sector and city commissioners. City commissioners are reviewing their arrangements but without any consultation with the sector and we will be informed when it has been finalised. There should be an opportunity to find out more at the Derby City Mental Health Forum meeting, however due to the absence of Anni Telford (currently on sick

leave), this decision may be delayed. It is possible that a 'providers' forum' will be set up to enable providers to meet regularly with commissioners, however this would only benefit those with contracts and therefore a wider dialogue is required.

***Action: Angela to try to get an update regarding NHS Derby City commissioning by the next Forum meeting.***

**6. Infolink Directory**

It is very important that GPs are aware of the services provided by the voluntary sector and can access up to date information. Therefore, SDVSMHF will be working in partnership with the CPA service to update the information currently held in the Infolink Directory.

Paper copies of the Infolink directory are available from Cheryl by request or can be viewed online via our website at [www.sdvsmhf.org.uk](http://www.sdvsmhf.org.uk). Members are encouraged to check their entries to see if they are correct. Any additions or amendments should be forwarded to Cheryl at [cheryl.mason@sdvsmhf.org.uk](mailto:cheryl.mason@sdvsmhf.org.uk) or directly to the CPA at [cpa@derbysmhservices.nhs.uk](mailto:cpa@derbysmhservices.nhs.uk)

***Action: Angela to write to members to remind them about this***

**7. Any other business**

7.1 Angela pointed out that the DCAN Newsletter is a good read and contains lots of information that members may find useful. To join the mailing list members can email: [linkscvs@btconnect.com](mailto:linkscvs@btconnect.com) or telephone 01246 274844

**8. Date of Next Meeting**

The next meeting of the Forum will be on Tuesday 5<sup>th</sup> January 2010 and will be held at Revive Healthy Living Centre in Chaddesden, Derby from 2pm to 4pm.

**Please submit any apologies as soon as possible to [cheryl.mason@sdvsmhf.org.uk](mailto:cheryl.mason@sdvsmhf.org.uk)**

**Meeting closed at 4pm.**

November 09/CM