



SDVSMHF

Registered Charity No: 1099282

Suite 3F
East Mill
Bridge Foot
Belper
Derbyshire
DE56 2UA

Telephone: 01773 599995
Website: www.sdvsmhf.org.uk
Email: angela.kerry@sdvsmhf.org.uk

Minutes of the SDVSMHF meeting held on 8th September 2009 at St James Centre, Derby

Attendance

Wendy Beer	Derbyshire Mind	Chair
Angela Kerry	SDVSMHF	
Ruth Stretton	SDVSMHF	
Nayar Bhatti	Amber Trust	
Jean Eckman	British Red Cross	
Christine Lawrence	2Care	
Pam Sutton	Cruse Bereavement	
Kerry Dungavel	P3	
Graham Hinds	Farm Crisis Network	
David Musk	Derby Depression Club	
Jackie Carpenter	Derbyshire Housing Aid	
Alex Hill	Derbyshire Housing Aid	
Jane Hudson-Oldroyd	Derbyshire County PCT	
Richard Mullings	NHS Derby City	
Julie Hennessey	Alzheimers Society	
Denise Shillabeer	SDMHA Bank House	
Cheryl Mason	SDVSMHF	Minutes

1. Apologies

Wendy Beer welcomed everyone to the meeting and introductions were made. She explained that she would be chairing the meeting in the absence of Kathy Koslowski.

Cheryl read out the apologies:

Kathy Koslowski	Amber Trust
Cathy Cleary	First Steps
Lynn Orchard	Erewash Mental Health Association
Eric Clayton	South Derbyshire CVS
Amanda Farquhar	Derbyshire Rape Crisis
Sinead Dalton	Derbyshire Mind

2 Minutes of meeting held on 3rd March 2009 and matters arising

The minutes of the previous meeting were checked and accepted as a true record. This was proposed by Christine Lawrence and seconded by Pam Sutton.

2.1 Angela explained that the voluntary sector now has representation on all joint commissioning boards except mental health and that this is still being pursued.

2.2 Graham Saxton ran a workshop on the Service User Involvement Strategy at our recent AGM and Information Event. Angela reported that Graham has commented that he found the feedback from members at this event very useful. Further copies of the strategy are available on request from Cheryl. (7.1)

3. “New Horizons” Consultation – presentation from Angela Kerry, SDVSMHF

The draft New Horizons strategy is now available and was previously circulated to members. Further copies are available on request from Cheryl.

Angela explained that the National Service Framework (NSF) for mental health comes to an end in 2009 and therefore, the New Horizons strategy is the way forward for the next ten years. It is currently undergoing a period of consultation from 23rd July to 15th October 2009 building on 18 months of discussion.

Angela pointed out that the new policy is a new approach and is very exciting for the voluntary sector, which has an important role to play. It builds on the National Service Framework by extending the strategy to cover the whole population in terms of mental wellbeing rather than just focusing on mental health services.

After the presentation, the following questions and comments were raised by members in response to the draft strategy:

- How do we measure outcomes? The draft strategy has many ideals but how do we achieve actions?

- The strategy presents opportunities but how can funding be accessed when there is no new funding available?

Ruth Stretton responded that the strategy is about attitude and behaviour rather than money. It is a culture change for the whole of society and gives us permission to behave differently.

- Was the consultation wide enough? It didn't include us.

Jane Hudson-Oldroyd responded that there was wide consultation in London and the document is loaded with statistics which can be used as evidence to access funding. Furthermore, the main consultation period is NOW.

- It is an ambitious document for social change that will embrace current services without any additional funding. However, this wider approach is needed if services are to meet people's needs.

Overall members agreed that the strategy presents an opportunity for significant healthy change in the right direction.

We now have an opportunity to influence this policy whilst it is at the draft stage and it is important that we have our say. You can respond by either:

- *completing the online questionnaire at:*

www.info.doh.gov.uk/questionnaire/newhorizons.nsf. The deadline is the 15th October 2009.

- *attending the New Horizons Follow Up event on the 8th October 2009 which will take place at the NSPCC Training Centre in Leicester.*

- *sending your comments to Angela Kerry by the 1st October 2009 to be included in a SDVSMHF response.*

4. Social Prescribing – Presentation from Jane Hudson-Oldroyd, Derbyshire County PCT

Jane explained that the Social Prescribing document underpins a lot of the content of New Horizons. It links patients with non-medical sources of support within the community such as arts, sport and alternative therapies. It provides psychological and practical support for vulnerable and 'at risk' groups, and people with mild to moderate depression. Jane emphasised that it is a route to strengthening protective factors for mental wellbeing.

Following Jane's presentation, members split themselves into two workshop groups. The Derbyshire County PCT workshop was led by Jane and the NHS Derby City workshop was led by Richard Mullings. The groups then examined the Social Prescribing model and mapped out the services they are already providing and any gaps in service provision. This information will be used by the PCTs to inform their development of social prescribing.

Jane's presentation is available on request from Cheryl or can be viewed on our website at www.sdvsanhf.org.uk

5. Any Other Business

There was no other business to discuss.

6. Date of Next Meeting

The next meeting of the Forum will be on Tuesday 3rd November 2009 at 2pm and will be held at The Bridge Centre, Langley Mill. **Please submit any apologies as soon as possible to cheryl.mason@sdvsanhf.org.uk**

Meeting closed at 4.30pm.

September 09/CM